

## **MBBS Final Year Students Reflective Practice: Further information**

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We would like to encourage Final Year students to reflect on their professional identity and career plans as they come to the end of this phase their medical training. Personal Tutor (PT) Meeting 1 seems to be an appropriate time point at which to do this. We would therefore be grateful if you would include some discussion of this as indicated below. Please contact **Nicoletta** [nfossati@sgul.ac.uk](mailto:nfossati@sgul.ac.uk) if you have any questions. Video guide available on SGUL webpage - PT section <https://www.sgul.ac.uk/for-staff/teaching-and-student-experience/personal-tutoring> .

**Aim:** To help your tutee make sense of their own journey through professional identity formation during Medical School and their needs for their future development as a soon-to-be doctor.

**Who:** Each student's own Personal Tutor should instigate this discussion as you know tutee better than any other member of Faculty and have the relevant expertise.

**Why:** To ensure greater alignment of reflective opportunities in the tutee's experience during the course.

- To give the tutee an opportunity to make sense of their trajectory during the course.
- To help them identify next steps in terms of professional identity and career development.

**When:** Compulsory PT meeting 1 as part of discussion around career progression and development of professional identity.

**How:** Facilitated reflection

- Looking back: how **has the tutee developed/what they have learnt about themselves during the course.**
- Looking ahead: **setting the direction/plan for their next steps/** formation of their own professional identity/journey and career development.

**Outcomes:**

- Greater awareness for tutee of their own development/journey through Medical School.
- Greater clarity about future objectives in professional identity and career development and best ways to achieve them.
- Greater awareness of challenges ahead and strategies to meet them.

### **Confirmation of discussion**

Please tick the relevant box on the PT MyProgress form re: 'Please encourage tutee to reflect on their professional identity & career aspirations'.