NICE Evidence is a gateway to finding freely available, high quality evidence-based material on the web. Search specific conditions using the A-Z topic option to find links to useful, patient information leaflets.

www.evidence.nhs.uk

NICE Evidence also has a mobile website allowing you to search for information from any mobile device with internet capability.

m.evidence.nhs.uk

St George's University Hospitals NHS Foundation Trust have a series of Patient Information leaflets for trust staff which they can distribute to patients or carers. The leaflets cover a variety of conditions and are available in large print as well. For more information contact the Patient Information Team on 0208 725 4175.

https://www.stgeorges.nhs.uk/patients-and-visitors/patient-information/

The Information Standard is a certification programme for organisations producing evidence-based health and care information for the public. All the Organisations on this list have been accredited by The Information Standard to ensure that the information produced is high quality, evidence based, balanced, user-led, clear and accurate.

https://www.england.nhs.uk/tis/our-members/certified-organisations/

The HON Foundation was created to promote the deployment of useful and reliable health information online and to enable its appropriate and efficient use. The HONcode lays out the principles for any site requesting certification to have meet, currently over 8,000 sites have been certified by HON.

https://www.hon.ch/en/

For more information about library services please visit www.library.sgul.ac.uk

Or contact the NHS liaison team

☎ 020 8725 5433
✉ liaison@sgul.ac.uk
Introduction

Finding quality health information on the internet can be a difficult task. It is important that patients, their carers and the public have access to trustworthy and reliable health information resources. The following sites are recommended high quality health information resources.

Patients and the public should look at the sites listed under ‘For Patients’. These sites provide advice, in plain language, on many health conditions.

Healthcare professionals, looking for information to pass onto patients or carers, should go to the ‘For Healthcare Professionals’ section.

For Patients

NHS Choices is the official website of the National Health Service in England. NHS Choices provides a comprehensive health information service with thousands of articles, videos and tools, helping you to make the best choices about your health and lifestyle.

www.nhs.uk

Patient.co.uk is a comprehensive directory of evidence-based clinical information, written by UK trained medical professionals and accredited by The Information Standard. Featuring health information leaflets, a symptoms checker, and discussion forums.

patient.info/

MedlinePlus is the National Institutes of Health’s Web site for patients and their families and friends. Produced by the National Library of Medicine, the world’s largest medical library, it brings you information about diseases, conditions, and wellness issues in language you can understand.

https://medlineplus.gov/

healthtalk.org provides free, reliable information about health issues, by sharing people’s real-life experiences. healthtalk.org lets you read about other people's experiences and find information about conditions, treatment choices and support. Its sister site Young People’s Experiences looks at teen health issues.

www.healthtalk.org

Contact a Family is a national charity for families with disabled children, providing information, advice and support on hundreds of disabilities and conditions.

www.cafamily.org.uk/medical-information/

HeadMeds is a website for young people about mental health medication and is owned and managed by the national charity YoungMinds. The site has two aims to make information about mental health accessible for young people, and to answer questions relating to mental health medication.

https://www.headmeds.org.uk/

Behind the Headlines - Your guide to the science that makes the news.

The NHS Choices site features a health news debunking service called Behind the Headlines, where health news stories are examined and the facts are separated out from the spin.

https://www.nhs.uk/news/

Understanding Health Research is a tool designed to help people understand and review published health research to decide how dependable and relevant a piece of research is. Users are guided through a series of questions to ask about specific types of health research, and then to understand what the answers to those questions say about the quality of the research they are reading.

https://www.understandinghealthresearch.org/