# May 2019 PHRI newsletter



- Save the date for Principal's Townhall meeting.
   Thursday 16 May ,12.30pm-1.30pm. Lecture Theatre F
- Save the date: Shaping the future of research at St George's
   Tuesday 4th June from 5pm to 6pm

# TARS

# Trial of physical Activity and Reduction of Smoking

After almost a year and a half of active recruitment, the team are approaching the end! We have been busy recruiting through mail outs from GP surgeries, making contacts with local community and public health groups as well as through at St George's communication channels. We are now in our last few weeks of recruiting and currently have a total of 285 participants – far surpassing our initial target of 225!

### **Conference Presentations:**

Professor Tess Harris - Society of Academic Primary Care National Conference July 2019

Physical activity interventions in Primary Care

Michael Perkin – European Academy of Allergy and Clinical Immunology 2019

Lucy Goldsmith and Katy Stepanian, a member of the ENRICH team based at the University of Huddersfield have recently had three abstracts accepted for the World Psychiatric Association Conference in Lisbon in August 2019. The titles are:

- Results from the development and testing of the world's first principles-based fidelity index for peer support in mental health services (brief oral presentation).
- Coproducing a randomised controlled trial (poster presentation);
- Interrupted time series and synthetic control study to evaluate mental health decision units in acute care pathways: design and protocol (poster presentation).

*Hugh Claridge*- International Conference on Novel Psychoactive Substances, in Maastricht, The Netherlands

• 'Fatalities involving Fentanyls in England, 1998-2018' (both pharmaceutical and non-pharmaceutical/novel fentanyls) Hugh Claridge, Christine Goodair, Caroline Copeland

#### Christine Goodair-

- SALIS/AMHL Conference April 2019: Co presenter, The disposition and treatment of persons with substance use disorders within the framework of the 19th century moral therapy era.
- 6th International Conference on Novel Psychoactive Substances (NPS) University of Maastricht, April 2019: Contributer to "Synthetic cathinones and related fatalities in the United Kingdom" presentation given by J Corkery.
- Attended Novel Psychoactive Substances Sub-Committee of the Advisory Council Misuse of Drugs



'I was invited to attend the TSANZ conference (Thoracic Society of Australia and New Zealand) to give a presentation in March this year. It was held at the Gold Coast Convention Centre, just south of Brisbane on the east coast. I felt at home on the first day as it was rainy and overcast, but sunny and hot thereafter. Huge expanse of sandy beaches and Sunday morning rowing clubs were out in sea canoes enjoying the surf. My presentations were about the evidence for the use of long-term antibiotics to

try to prevent exacerbations of asthma, COPD and bronchiectasis. Bacterial resistance is the main concern, so although there is some evidence of benefit, this should perhaps only be used in secondary care after careful screening of the patients. One of the experts that I talked to from Australia tests Non-Tuberculous Mycobacteria before starting long-term antibiotics'.

PLEASE TURN OVER

## Travel grant fellowship awarded to Mohammed Hudda:

Mohammed was recently awarded a travel grant fellowship from the European Federation For the Study of Diabetes, which has allowed him to travel to Copenhagen to conduct some analysis as part of his PhD investigating if childhood body fat is more strongly associated with type 2 diabetes in adulthood.

**PHRI on Twitter:** We have set up a PHRI twitter account @SGUL\_PHRI. We have not tweeted much so far, but hope to publicise publications, conference presentations, job vacancies, events etc. Anyone keen to get involved, please get in touch with Cheryl or Charlotte-All input will be very much appreciated



#### Staff updates:

New Staff: Jodie Thompson, Katie Anderson joined the DECISION team in March

*Leavers:* Sonam Verma left SGUL in April. Stephanie Erivo will finish her work on TARS at the end of May. *Retirements:* 

Professor Gill Mezey will be retiring at the end of May.

Hugh Thomas will be retiring at the end of June we will be having a tea party on 18th June.

#### Publications March/April- Journal articles and book:

- Chronic kidney disease, cardiovascular risk markers and total mortality in older men: cystatin C versus creatinine. Zonoozi S, Ramsay SE, Papacosta O, Lennon LT, Ellins EA, Halcox JPJ, Whincup P, Wannamethee SG J Epidemiol Community Health. 10.1136/jech-2018-211719
- Journal article in BMC Medical Education accepted on research conducted at SGUL with SGUL medical students entitled 'Does financial support for medical students from low income families make a difference? A qualitative evaluation' Hugh Claridge, Michael Ussher
- Combined impact of healthy lifestyle factors on risk of asthma, rhinoconjunctivitis and eczema in school children: ISAAC phase III.Morales E, Strachan D, Asher I, Ellwood P, Pearce N, Garcia-Marcos L, ISAAC phase III study group, ISAAC Phase Three Study Group. Thorax. 10.1136/thoraxjnl-2018-212668
- Co-producing Randomized Controlled Trials: How Do We Work Together? Goldsmith LP, Morshead R, McWilliam C, Forbes G, Ussher MH, Simpson A, Lucock M, Gillard S. Frontiers in Sociology 10.3389/fsoc.2019.00021
- Knowledge and expertise in care practices: the role of the peer worker in mental health teams. DOI for this publication. Oborn E, Barrett M, Gibson S, Gillard S. Sociol Health Illn.
   10.1111/1467-9566.12944
- Out of the silence: towards grassroots and trauma-informed support for people who have experienced sexual violence and abuse. Sweeney A, Perôt C, Callard F, Adenden V, Mantovani N, Goldsmith L. Epidemiol Psychiatr Sci. 10.1017/S2045796019000131
- Patient-reported outcome measures in community mental health teams: pragmatic evaluation of PHQ-9, GAD-7 and SWEMWBS. Blenkiron P, Goldsmith L. BJPsych Bull. http://doi.org/10.1192/bjb.2019.20
- Personal Problems Questionnaire (PPQ): Normative Data and Utility in Assessing Acquired Neurological Impairment. van den Broek, MD, Monaci, L, Smith, JG. Journal Arch Clin Neuropsychol. http://doi.org/10.1093/arclin/acy069
- Pilot randomised controlled trial of a brief mindfulness-based intervention for those with persistent pain.
   Howarth A, Riaz M, Perkins-Porras L, Smith JG, Subramaniam J, Copland C, Hurley M, Beith I, Ussher M. J Behav Med. http://doi.org/10.1007/s10865-019-00040-5
- Point of care HbA1c level for diabetes mellitus management and its accuracy among tuberculosis patients: a study in four countries. Huangfu P, Laurence YV, Alisjahbana B, Ugarte-Gil C, Riza A-L, Walzl G, Ruslami R, Moore DAJ, Ioana M et al. Int J Tuberc Lung Dis. http://doi.org/10.5588/ijtld.18.0359
- The complexities of mental health in a Young Offender Institution: reflections from a medical student project. Boyd H, Oakeshott P. <a href="http://doi.org/10.1080/14739879.2019.1586453">http://doi.org/10.1080/14739879.2019.1586453</a>
- Christine Goodair is writing with Professor Ilana Crome a book chapter for the International Society of
  Addiction Medicine textbook of 'Addiction Treatment: International Perspectives' on 'Undergraduate medical,
  nursing and psychology training in substance misuse'.