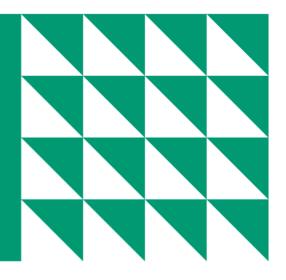


School of Health & Medical Sciences

citystgeorges.ac.uk



Benefits information sheet

Being paid for involvement can affect your benefits and tax so we recommend you get advice before agreeing to take part in activities at the university.

Where to get advice on tax and benefits?

- **Citizens Advice Bureau (CAB)** You can find your local CAB on the Citizens Advice Bureau website which also gives lots of information to help you make financial decisions. 0800 144 8848 or Citizens Advice
- **Turn2Us** is a charity providing financial information and support, including a benefits calculator, a 'find an advisor' tool, and free helpline: 0808 802 2000.
- Your local authority may provide benefits advice services or signpost to those available in your local area. Find your local council GOV.UK
- Housing associations and community organisations may also offer similar services.
- Age UK Some local branches of Age UK offer a free, confidential benefits advice service for older people. 0800 678 1602
- **Disability Rights UK** Disability Rights UK website includes information and advice on benefits. You can contact 0330 995 0400 to access paper copies of their factsheets and publications.
- **Gingerbread** provides advice and practical support for single parents, including advice on benefits and tax credits. 0808 802 0925 or Home | Gingerbread

What can we do to support you?

- We can pay you at a lower rate so that it doesn't impact your benefits
- We can find other ways to give recognition for your support and work
- We can provide a letter for JobCentrePlus to clarify that involvement work does not demonstrate capacity to work
- We can pay your expenses separately, or we can only cover expenses