

Special Introductory and PPI session on Breast and Cervical Health Literacy Research at St George's, University of London -11 July 2023

At St George's University of London, we believe in the power of community engagement and collaboration to drive positive change in health outcomes. Recently, we had the privilege of hosting a Patient and Public Involvement (PPI) session with community leaders from Wandsworth Community Empowerment Network (WCEN), Tooting Community Kitchen, Muslim Women of Merton, Shree Ghanapathy Temple, and Little ARK. This session aimed to introduce our two studies 'Impact of the Know Your Lemons educator's programme on community champions' and 'Co-design cervical health literacy programme'. Professor Sanjeev Krishna, Dr. Yolanda Augustin, Dr. Nafeesa Mat Ali, and Hajnalka Kovacsevics from SGUL organised the session with Dr. Corrine Ellsworth-Beaumont from the [Know Your Lemons](#) foundation. Active participation of public participants in these charities added a meaningful perspective and ensured that the study truly reflected the needs and concerns of the community. Their valuable insights and experiences provided valuable perspectives that helped refine the research objectives and methodology. During the meeting, the leaders had the opportunity to provide feedback on various aspects of the study, including the study protocol and questionnaires. Their input was important in ensuring that the study is relevant, culturally sensitive, and impactful for the target population.

Moving forward, we will continue to work closely with these organisations and community leaders to participate and implement the two health literacy programs. The 'Impact of the Know Your Lemons educator' programme on community champions' is in collaboration with the Know Your Lemons foundation and is partly funded by the Public Engagement Seed Funds, and the 'Co-design cervical health literacy programme' is funded by the St George's Hospital Charity.

We express our deepest gratitude to the participants and partner charities for their commitment to improving breast and cervical cancer awareness and outcomes. With their ongoing support, we are confident that our collaborative efforts will have a lasting impact on the health and well-being of the community.



Top left: Dr. Nafeesa Mat Ali introducing the breast health study
 Top right: Prof S Krishna, Dr. C Ellsworth-Beaumont and Dr. Y Augustin
 Bottom left: Discussing the current health issues within the communities
 Bottom middle: Syebvonne from Little ARK with a lemon replica from Know You Lemons
 Bottom right: Some materials purchased from the KYL shop for the community leaders to share with the communities.



Top left: The Know Your Lemons 12 symptoms of breast cancer.

Top right: Dr. C Ellsworth-Beaumont, Syebvonne from Little ARK and Dr. Y Augustin

Bottom left: Dr. C Ellsworth-Beaumont, Anissa from WCEN, Dr. N Mat Ali

Bottom right: : The community leaders with the researchers.